



Na'amat Canada



Come get to know **Na'amat**  
**You** can make a difference





## Welcome to Na'amat

Your membership makes you part of a world-wide progressive Jewish organization dedicated to improving the quality of life for women, children and families in Israel and Canada. Come and make a difference. Barucha hab'a – welcome home.

The name “Na'amat” is a Hebrew acronym for Nashim Avdot Umitnadvot: Movement of Working Women and Volunteers.

We operate as a registered Canadian charity in Quebec, Ontario, Manitoba, Alberta and British Columbia.

We have sister organizations in Israel and the United States, as well as in Argentina, Australia, Belgium, Brazil, France, Mexico, Peru and Uruguay.

The largest women's movement in Israel and the first to embrace feminist ideals, our members continue to be innovative leaders within their communities, nationally, and globally.

## Who We Are

Our roots go back to the Founding Women of Israel. These were dedicated pioneers who envisioned a Jewish homeland with an informed, productive society and equal opportunity for all of its citizens.

Today Na'amat supports many social, educational and advocacy services.

As a member, not only will your dues support our work in Israel, but you will also have opportunities to volunteer, make new friends and explore your interests in a warm and lively environment.

Golda Meir, National Secretary of Na'amat in the 1930's wrote that Na'amat was “the first and last women's organization for which I ever worked.”



One of our earliest members: Former Prime Minister of Israel **Golda Meyerson Meir**.



## Our services in Israel

**World-class child care** is delivered daily to tens of thousands of Israeli infants and preschoolers. Our daycare facilities are located in rural and urban areas. Wherever child care is needed Na'amat is there.

**Technological and agricultural high schools** keep hard-to-reach teenagers from slipping through the cracks of the educational system. As these students acquire new skills to become qualified tradespeople, they gain pride in themselves and hope for the future.

**Shelter and counselling for the victims of domestic violence** is the cornerstone of service at the Na'amat Canada Glickman Centre in Tel Aviv. The centre, a renowned safe haven for healing, offers counselling sessions to both victims and abusers, in hopes of rebuilding shattered lives.

**Women's advocacy centres** help women and single parents make informed decisions about family matters, work issues and finances. Located in Haifa, Jerusalem, Petach Tikvah and Tel Aviv, these centres bring professional legal and counselling services under one roof.

**Health education clinics** provide women with information about general health, hygiene, nutrition, birth control and fertility. Located in Asdod, Carmiel, Nazareth and Bat Yam, their focus on preventive medicine helps to fill a gap in Israeli health care.

**Career and management training**, delivered at Israeli universities and business clubs, equips women with the skills they need for such pursuits as operating their own businesses, serving on work committees and participating in trade unions.

**University scholarships** enable women who are economically disadvantaged to pursue their university studies and earn their degrees. The criterion for selection ensures that qualifying women from all walks of life are represented.

**Legislative work** aimed at ending domestic violence, securing workplace equality and preserving civil rights is done daily at our centres. Strides have been made, but there are always new challenges to take on.

## We Put the “Fun” in Fundraising: Take Part in Na’amat Programs and Special Events!

- **Bingo Night**
- **Women’s Seder**
- **Gala Evening**
- **Silent Auction**
- **Children’s Fair**
- **Mother’s Day Tea**
- **Na’amat Store**
- **Author’s Luncheon**
- **Wine Tasting**
- **And Much More...**

Fundraising is an important part of Na’amat Canada because it is through our campaigns and events that we gain the much needed financial resources to help fulfill our mission. These programs and fun activities allow our members to have the opportunity to get involved and make a difference within their own communities and beyond...



## We, the members of Na’amat Canada, pledge to:

- **Enhance and safeguard** the status of women, children and families in Israel and in Canada
- **Empower** the individual through advocacy and education
- **Foster** mutual respect in a diverse society
- **Respond** to humanitarian concerns in an evolving social environment
- **Inspire** our youth with Zionism and a sense of social justice
- **Promote** Jewish identity to ensure Jewish continuity
- **Strengthen** the bonds between Israel and the diaspora, and within our communities
- **Support** the State of Israel as a secure, democratic and pluralistic society



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Think Israel.  
Think Na'amat.

